

Sip

US \$ / BZE \$

Fresh Pressed Tropical Fruit Juices 6 / 12

*Mango, banana with papaya, cucumber, carrot,
tomato with celery, lime with mint*

Fresh Natural Coconut Water 3 / 6

Fresh Orange Juice, Lime Juice, Watermelon Juice 4 / 8

Tropical Smoothie 6 / 12 *Your choice of fruit, vanilla yogurt & coconut*

Coffee Americano 3 / 6

Gourmet Iced Teas 3.50 / 7

Organic Teas 3 / 6



Nespresso 3.50 / 7 *Cappuccino, ristretto, espresso forte, or decaffenato*



EAT. DRINK. LIVE.

Vero Water 4 / 8 *Still or sparkling*



Savour

The Islander 9 / 18

*Fresh fruit juice (orange, lime, or watermelon) or tropical fruit plate; choice of toast,
fry jacks, banana bread or bagel; tea or coffee*

Early Riser 6 / 12

Your choice of fried, scramble or boiled eggs with white or wheat toast

Belizean Breakfast 11 / 22

Scrambled eggs with sweet pepper and onion, refried beans, bacon & fry jacks

Martita's Pancakes 9 / 18

Classic, chocolate chip, or banana

Triple O 11 / 22

3 egg omelette, cheddar cheese, ham & toast

Huevos Divorciados 9 / 18

2 eggs, salsa ranchero, salsa verde, fresh corn tortillas, refried beans & sour cream

Breakfast Burrito 9 / 18

Eggs, bacon, refried beans & cheddar

Island Crêpes 9 / 18

Paradise Crêpe - filled with papaya and bananas & drizzled with Nutella and powdered sugar

*Classic Crêpe - filled with Nutella and your choice of bananas or strawberries & topped with
whipped cream*

Terrazas Breakfast Crêpe - filled with eggs, ham, and cheese with a side of fresh watermelon

Tropical French Toast 9 / 18

Tropical fruits & syrup

Classic Eggs Benedict 11 / 22

Poached eggs, ham & hollandaise on a toasted English muffin

Add spinach 1 / 2

Add smoked salmon 2 / 4

Prices are in us / bze dollars & subject to 12.5% tax + 12.5% service charge. 20% service charge for groups of 8+.

\$10US surcharge will be added to all Room Service

Healthy Corner

Cloud Eggs & Avocado 8 / 16

Oven baked egg yolks in a savory light egg white meringue served on whole wheat toast with a side of fresh sliced avocado 320 calories

Scrambled Eggsadilla 9 / 18

Light scrambled eggs with sweet peppers and onions, folded into a whole wheat tortilla with cheese and homemade tomato salsa 330 calories

Mediterranean Frittata 9 / 18

A fresh tomato, artichoke, and feta cheese light frittata (made of whole egg and egg white) served with toasted whole wheat bread 290 calories

Quinoa Fresh Fruit Salad with Lime, Honey & Basil Dressing 7 / 14

Wonder food quinoa is a good source of calcium, magnesium & manganese. It contributes useful levels of vitamins B & E and dietary fiber. Tossed with fresh fruits, this is a winning start of your day! 221 calories

Happy Tummy Smoothie 7 / 14

This green smoothie is packed with digestion-enhancing and immune-boosting foods like pineapple, parsley, ginger, and avocado. Also contains banana and coconut water. 343 calories

Tropical Fruits & Oatmeal Smoothie 7 / 14

Gluten-free whole grain, antioxidant, including the powerful fiber beta-glucan and loaded with important vitamins and minerals. A delicious and nutritious smoothie. 384 calories

Sample

Belizean Fry Jacks 3 / 6

Bacon (4) 4 / 8

Granola & Yogurt Cup 5 / 10

Breakfast Potato 3 / 6

Refried Beans 3 / 6

Toast (white or wheat) 3 / 6

Tropical Fruit Plate 5 / 10

Fried Mushrooms 3 / 6

NY Style Bagel 4 / 8

Fried Tomato 3 / 6

Banana Bread 3 / 6

Nespresso

Awaken your senses with one of our 3 made-to-order Nespresso beverages 3.50 / 7

Ristretto – Powerful and Contrasting

Pure and dark-roasted South and Central American Arabicas make Ristretto a coffee with a dense body and distinct cocoa notes

Espresso Forte – Round and Balanced

Made exclusively from South and Central American Arabicas, the complex aroma of this intensely roasted espresso is a balance of strong roasted and fruity notes

Espresso Decaffinato – Dense and Powerful

Dark roasted South American Arabicas with a touch of Robusta bring out the subtle cocoa and roasted cereal notes of this full-bodied decaffeinated espresso

Serenity Spa

Indulge the senses and rejuvenate the spirit at our onsite Serenity Spa and Wellness Center. To schedule a spa treatment or view a complete menu of services, please stop by the Front Desk.

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