

MASSAGE & BODYWORK

RELAXATION Gentle full-body Swedish massage.
60 min \$90 | 90 min \$125

THERAPEUTIC Integrative massage including various techniques and catered to meet your specific needs.
30 min \$55 | 60 min \$95 | 90 min \$135

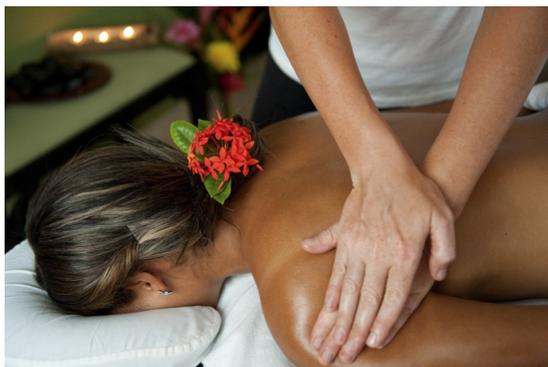
DEEP TISSUE Deep tissue and specific to your individual needs, this massage work on areas of pain and tension.
30 min \$60 | 60 min \$100 | 90 min \$140

HOT STONE 75 min \$125

MAYA ABDOMINAL THERAPY Focus is on digestive and reproductive health. 90 min \$135 | 60 min (follow up) \$100

PRE & POST-NATAL Focus can be on stress reduction and relaxation, chronic pain reduction, digestive issues, uterine health, and overall well-being. 60 min \$100 | 90 min \$140

COUPLES MASSAGE Relax together as your individual needs are addressed next to your partner in a relaxation massage at the spa or on your private veranda. (Deep Tissue & Therapeutic extra) 60 min \$175 | 90 min \$240



WAXING

Waxing times vary. Please note that the following times are estimates.

EYEBROW	15 minutes \$20
UPPER LIP	15 minutes \$20
CHIN	10 minutes \$15
UNDERARMS	20 minutes \$30
FULL LEG	45 minutes \$70
HALF LEG	30 minutes \$50
BIKINI	20 minutes \$30
BRAZILIAN	30-45 minutes \$50-70



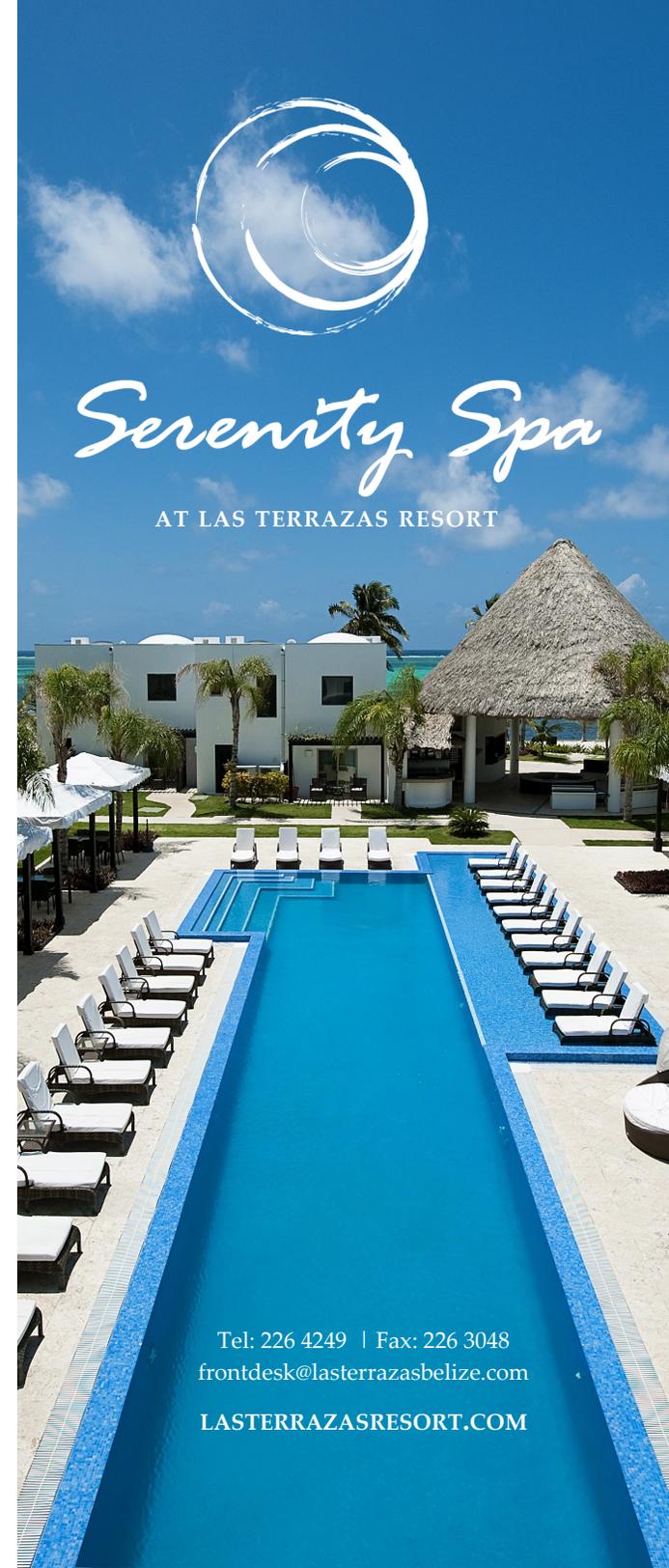
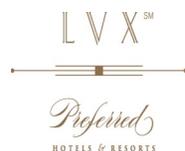
CANCELLATION POLICY

Should you need to cancel or reschedule your appointment, please do so 24 hours in advance to avoid full charges & to allow others the opportunity of a spa service.

PRICES

All prices are listed in U.S. dollars and subject to a 12.5% general sales tax.

*Flower Essences or Essential Oils \$5 extra



Serenity Spa

AT LAS TERRAZAS RESORT

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MAYAN COCOA FACIALS

Using Belizean-grown cocoa beans, these treatments include an explanation of benefits, 20-minute head massage, and application and cleansing of the facial mask. *Due to the specialty of these treatments, a 24-hour advance reservation is required.* 60 min \$115

HYDRATING CHOCOLATE FACIAL Made with a high-content cocoa powder, refresh and hydrate your face for relaxed and fresh-looking skin.

TONING CHOCOLATE FACIAL With a blend of fresh apples, bananas, and strawberries, this chocolate mask tones and hydrates your skin and improves elasticity.

REJUVENATING, HYDRATING & SOOTHING CHOCOLATE FACIAL Channeling the healing powers of honey and chocolate, this all-natural mask leaves your skin feeling fresh and rejuvenated.

REGENERATING CHOCOLATE FACIAL After a day at the beach, chocolate and rose hip oils will regenerate your skin cells and tone and hydrate the skin.



EXCLUSIVE FACIALS

UN BELIZEABLE Cleanses, exfoliates, tones, and clarifies, leaving your complexion brighter and clearer. For all skin types. 60 min \$100

THE CAYO CLEANSE Dead Sea muds aid in ridding your skin of impurities & excess sebum (oil), leaving you with a healthy and balanced complexion. Ideal for acne-prone or oily skin. 60 min \$100

BELIZEAN SUN SOOTHER Fresh ingredients such as natural yogurt, avocado, honey, cucumber, aloe and oats, treat overexposed and dry skin, leaving your face nourished and youthful. 60 min \$100

CARIBBEAN QUEEN Combine elements from any of our exclusive facials for an extended treatment specialized for your skin's needs. Extractions are included with this facial. 90 min \$140

BACK FACIAL Cleanses, exfoliates, tones, and clarifies, leaving your back complexion brighter and clearer. 30 min \$65 | 60 min \$100

Add extra time to a facial for extractions 15 min \$20

BODY & HAIR TREATMENTS

CARIBBEAN SEA WRAP Full body wrap containing purifying seaweeds, muds and salts to detoxify and cleanse. Followed by full body moisturizer. 60 min \$100

DEAD SEA MUD BODY MASQUE Dry brushing of the skin followed by a Dead Sea mud wrap to cleanse, rejuvenate, and detoxify the skin. 60 min \$100

BELIZEAN SUN SOOTHER Fresh ingredients such as natural yogurt, avocado, honey, cucumber, aloe and oats, treat overexposed and dry skin. 60 min \$100

AZUCAR CRUDO Raw Belizean brown & white sugars are used for this exfoliating body polish. Not for sensitive or sun-burned skin. 30 min \$65 | 60 min \$100

COCONUT GLOW A full body exfoliating massage using all-natural local honey, sea salts & Belizean virgin coconut oil. 30 min \$65 | 60 min \$100

BELIZEAN SUN CONDITIONER Belizean virgin coconut oil is warmed and combined with local honey and essential oils. Leave in for the afternoon for extra nourishment. 30 min \$65

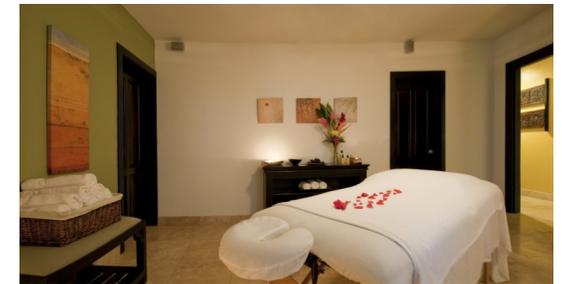
“CAN’T GET ENOUGH” PACKAGES

ISLAND DELIGHT Get picture perfect for your big day with a 60-min Relaxation Massage, a Pampered Mani and Pedi, and your choice of a 45-min Mini Facial. 3 hrs \$245

SERENITY INDULGENCE Sample the best of our spa experiences – a 30-min Relaxation Massage and your choice of 30-min Mini Facial, followed by a rejuvenating Sea Salt Glow and basic pedicure. 2.5 hrs \$230

BEACH BEAUTY Perfect for brides or to simply refresh yourself after a day at the beach, this package includes a 60-min Dead Sea Mud Body Masque, a 30-min Belizean Sun Hair Conditioner, as well as a polish touch up, leaving you radiant from head to toe. 2 hrs \$195

WEDDING PARTY PAMPERING Gather the girls (and don't forget Mom!) for 30-min Mini Facials or Mini Relaxation Massages and a Pampered Pedi before you walk down the aisle. Ask us about our Bride's Brunch! \$75/person for groups of 4-7. \$70/person for groups of 8+.



GROOMING

PAMPERED MANI Aloe, milk, honey, and coconut oil offer hydrating therapy for your fingers and nail beds. Natural scrub and moisturizer also included. 30 minutes \$35

PAMPERED PEDI Dead Sea Salt soak in our foot tub followed by a natural scrub and moisturizer. 45 minutes \$50

COMBO Combine both pampered treatments to beautify and rejuvenate both hands and feet. 75 minutes \$80

POLISH CHANGE 15 minutes \$15